



“I love helping others and seeing their enjoyment at experiencing places they’ve never been before. It’s great to see Sydney with new people. We have many interesting conversations!”

Dianne, volunteer

Enjoy an adventure?

Volunteer with us to help others while exploring Sydney

Contact us on 9799 5099 or volunteers@iwna.com.au to find out more.

Inner West

Neighbour Aid 

Now is a great time to volunteer

Our outings are for clients who prefer going out in a group. They gain confidence and make new friends while remaining active and visible within the community.

Volunteer with us if you enjoy:

- Helping others maintain their independence
- Getting out and about
- Exercising your body and your mind

Outings run Monday-Saturday and include: picnics, the movies, ferry rides, gardens, fish and chips by the sea, galleries, shows, clubs, health and wellbeing programs and more.

Get to know us

We support older people and people with disability to stay independent, healthy and connected. As a local not-for-profit we do this with the help of our amazing volunteers.

Contact us

If you would like to make a difference while having fun, contact us on **9799 5099** or **volunteers@iwna.com.au**

www.iwna.com.au

Front image courtesy of volunteerphotography.org

