

5 Senses Garden

Workshops

Nov/Dec 2019

All workshops are held at the 5 Senses Garden
Rhodes Park, Concord West

Mondays 11am-1pm

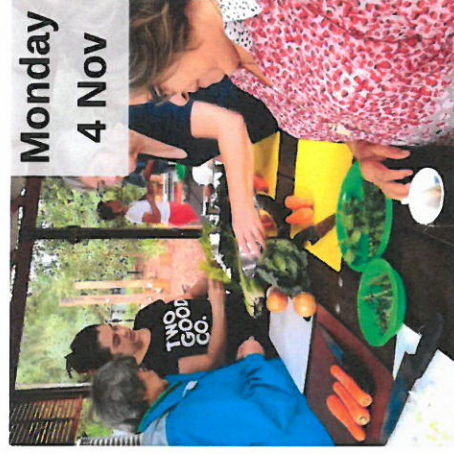
Lunch is provided

Workshop cost \$5 (client) \$15 (family/friends)

Client transport (if needed) \$10

Open to all Neighbour Aid clients

Call 9799 5099 to book



Monday
4 Nov

Cooking class with Two
Good Co.



Monday
11 Nov

Summer planting in
raised beds at the 5
Senses Garden



Monday
18 Nov

Greek & Cypriot Feast



Monday
25 Nov

Guest speaker: Robyn
Bible, Geranium and
Pelargonium specialist



Monday
2 Dec

Cooking class with Two
Good Co. Christmas
Party!

Monday 4 November – Cooking Class with Two Good Co.

Learn tricks of the trade from the fabulous Chef Angie Prendergast from Two Good Co. Chef Angie, will be guiding us through a new recipe and teaching us techniques in how to make cooking enjoyable, easy and healthy. This is a hands on experience, so be prepared to get involved (if you like). By the end of this workshop you will know a new recipe and have shared a meal with new and old friends.

Two Good is a company that supports local women's refuges for domestic violence survivors.

Monday 11 November – Summer Planting in Raised Beds at the 5 Senses Garden

Grow what you eat. Have a say and hand in what we grow in the garden. Participants will each have the opportunity to plant a veggie or herb in the raised veggie beds. Our community vegetable gardens are designed to bring people together, and offer fresh produce to our clients and the broader community. Come and leave your mark in the garden and watch your handy work blossom.

Clients are invited to harvest produce from the garden to take home and eat or share with family and friends.

Monday 18 November – Greek & Cypriot Feast

Join us for another cultural event... This week the 5 Senses Garden will be transporting you to the islands of Cyprus and Greece. Come and celebrate the land of blue and white to enjoy the cuisine and experience the music and traditional dance of this beautiful region.

Monday 25 November – Guest Speaker: Robyn Bible, Geranium & Pelargonium Specialist

Geranium's and Pelargoniums are beloved plants throughout the world. Come to see the amazing variety and beauty of Geraniums and Pelargoniums. Robyn Bible is a collector that knows everything there is to know about geraniums and pelargoniums. Come and see Robyn's rare and beautiful collection and learn more about this amazing plant genus. Robyn will also be selling an enticing selection of her plants. This is a rare and unique opportunity, don't miss out.

Monday 2 December – 5 Senses Garden Christmas Party & Cooking Class with Two Good Co.

It makes sense that our last workshop in December be a party, not only to celebrate Christmas but also our first year of workshops at the 5 Senses Garden. Angie, from Two Good Co. will be teaching us some Christmas themed recipes and then we'll share lunch together. It's an opportunity to cook something different and share your own expert tips and tricks in the kitchen as well as supporting a good cause.